



# Termas do Gerês

Uma Água Com Características  
Únicas no mundo!  
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## Price List

2026

### THERMAL HEALING

<b>THERMAL HEALING – 1ST CURE (14 DAYS)</b>	126,00 €
- Clinical Fees / Water Intake	
<b>THERMAL HEALING – 2ND CURE (14 DAYS)</b>	84,00 €
- Clinical Fees / Water Intake - 2ª cura	
<b>MEDICAL APPOINTMENT</b>	68,00 €
<b>NUTRITION APPOINTMENT (FREE FOR HOTEL ÁGUAS DO GERÊS GUESTS)</b>	40,00 €

### SHOWER AND BATH TECHNIQUES

<b>JET SHOWER 5' / SMOOTH SHOWER 10'</b>	10,00 €
<b>BUBBLE BATH (AERO BATH) / IMMERSION BATH 15'</b>	10,00 €
<b>COMPUTERIZED WHIRLPOOL - RELAXING 20'</b>	12,00 €
<b>COMPUTERIZED WHIRLPOOL - DRAINING 20'</b>	12,00 €
<b>COMPUTERIZED WHIRLPOOL - RHEUMATISM 20'</b>	12,00 €
<b>COMPUTERIZED WHIRLPOOL - VASCULAR TONER 20'</b>	12,00 €
<b>COMPUTERIZED WHIRLPOOL - ABDOMINAL TONER 20'</b>	12,00 €
<b>UNDERWATER SHOWER BATH 15'</b>	15,00 €

### SHOWER MASSAGES -VICHY

<b>SWEET ALMONDS VICHY 15'</b>	33,00 €
<b>DETOX VICHY - LEMON ESSENTIAL OIL 15'</b>	36,00 €
<b>DRAINING VICHY - CYPRESS ESSENTIAL OIL 15'</b>	36,00 €
<b>PEELING VICHY – EPSOM SALT AND LAVENDER ESSENTIAL OIL 30'</b>	53,00 €

## AQUA SENSATIONS

<b>TERMAS &amp; SPA DO GERÊS CIRCUIT 90'</b>	26,00 €
Gym / Steam Bath / Swimming Pool	
<b>TERMAS &amp; SPA DO GERÊS CIRCUIT</b> Acess 1 day (90' in the morning + 90' in the afternoon)	30,00 €
Gym / Steam Bath / Swimming Pool	
<b>SWIMMING POOL 30'</b>	17,00 €

## MASSAGES MENU

### THE CLASSICS

LOCAL MASSAGE IN THE SPECIAL CHAIR 15'	17,00 €
LOCAL MASSAGE 15'	23,00 €
HEAVY LEGS MASSAGE 15'	26,00 €
FULL BODY MASSAGE 30'	38,00 €
RELAXATION FULL BODY MASSAGE 45'	55,00 €
INTENSE FULL BODY MASSAGE 60'	77,00 €

### THE SLIMMINGS

ANTI CELULÍTIC AND REDUCER MASSAGE LOCAL 30'	38,00 €
ANTI CELULÍTIC AND REDUCER MASSAGE FULL BODY 60'	75,00 €
SLIMMING AND REFIRMING MASSAGE 45'	68,00 €
LYMPHATIC DRAINAGE MANUAL LOCAL 30'	43,00 €
LYMPHATIC DRAINAGE MANUAL FULL BODY 60'	82,00 €
MOKZAY THERAPY	
Local 50'	60,00 €
Full Body 90'	105,00 €

### THE ORIENTALS

INDIAN HEAD MASSAGE 30'	27,00 €
SHIATSU - LOCAL 20'	40,00 €
SHIATSU – FULL BODY 45'	68,00 €
AYURVEDA MASSAGE 60'	84,00 €
HOT STONES MASSAGE – LOCAL 30'	42,00 €
HOT STONES MASSAGE – FULL BODY 60'	84,00 €
WARM OILS AROMA MASSAGE 45'	62,00 €
LOMY-LOMY MASSAGE 60'	85,00 €

## AESTHETICS AND ADVANCED AESTHETICS

### FACIAL TREATMENTS

FACIAL MASSAGE 15'	24,00 €
FACIAL PEELING 15'	31,00 €
FACIAL RADIOFREQUENCY	40,00 €
SIMPLE FACIAL CLEANING	45,00 €
LIFTING MASSAGE 50'	54,00 €
BEAUTY FACIAL TREATMENT (Mask and Facial Massage + Hands, Arms, Legs and Feet Massage ) 40'	62,00 €
DELUXE FACIAL TREATMENT (Facial Peeling, Facial Massage and Mask+Hands, Arms, Legs and Feet Massage) 50'	77,00 €
COMPLETE FACIAL CLEANING	77,00 €

### BODY TREATMENTS

BODY RADIOFREQUENCY	40,00 €
CAVITATION	40,00 €
FULL BODY PEELING AND MOISTURIZING 30'	66,00 €
ALGAE WRAPPING 30'	66,00 €
MANICURE	10,00 €
MANICURE WITH GEL POLISH	13,00 €
GEL MANICURE	25,00 €
PEDICURE	21,00 €
PEDICURE WITH NORMAL NAIL POLISH	23,00 €
PEDICURE WITH GEL POLISH	27,00 €
MEDICAL PEDICURE	30,00 €

### OTHER SPECIFIC TREATMENTS

HIDROCOLATOR ( WITH FINAL MASSAGE ) – 15'	11,00 €
ULTRA SOUNDS 5'	11,00 €
DIATERMIA ( SHORT WAVES ) 15'	11,00 €
PRESSOTHERAPY 30'	25,00 €
PRESSOTHERAPY (WITH HEAVY LEGS MASSAGEM) 45'	53,00 €
BACK VACUOTHERAPY 20'	24,00 €
VACUOTHERAPY ANTI CELLULITIS AND REDUCING LOCAL 30'	36,00 €
VACUOTHERAPY ANTI CELLULITIS AND REDUCING FULL BODY 60'	66,00 €

### ACCESSORIES AND CONSUMABLES

CUP (WATER INTAKE)	7,00 €
CUP BAG	3,00 €
BACKPACKS	4,20 €
PRESSOTHERAPY – SOCKS	3,00 €
LYCRA CAP	5,00 €
SILICONE CAP	6,00 €
MEN'S SWIMMING SHORTS	35,00 €
LADIES SWIMSUIT	45,00 €

## MEDICAL SPA REGULATION

### BOOKING

Make a medical appointment in advance. Check for the day you want to start treatment or for the day immediately preceding it, in order to guarantee availability of schedules. You can do it in person, by phone or by email.  
Don't forget, you can only start treatments after a thermal medical prescription.

### ARRIVAL

On the day of arrival at the Thermal Spa, go to the service desk at least 15 minutes before the time of the medical consultation. Don't forget to bring your personal identification and health card and the most recent clinical examinations and analyzes you have carried out, especially if they were performed in the last 2 months.

When using the Thermal Spa and other services, we advise you not to bring valuables with you.

Always arrive early enough to use the changing rooms before treatments start.

It is mandatory to wear a cap and swimsuit / bikini and shorts in the pool and appropriate equipment in the Gym.

### CANCELLATION AND DELAYS

Cancellation without prior notice of 24 hours, implies the full payment of the medical consultation, treatment or program. The delay in arriving at the treatments isn't recoverable, and the full benefit of them is naturally reduced. Any alteration or interruption of Healing must be justified by a medical certificate.

### DISCOUNTS

On purchase of 7 or more equal treatments - 10% discount

These discounts cannot be combined with others. Discounts do not apply to medical appointments.

**Hotel Águas Do Gerês Clients - Special discount in the value of the Spa treatments per unit.**

**MID SEASON :** May 1st to July 31st and September 1st to October 31st

**HIGH SEASON :** August 1st to 31st

Service Charges (Use of robe, towel and slippers) – 5,00 €

All taxes included / Prices may change without previous notice